Alaska Dental Hygienists’ Association
Fall CE/Business Meeting/Silent Auction
Saturday November 12, 2016
ANCHORAGE: UAA GORSUCH COMMONS ROOM 107, 3700 SHARON GAGNON LANE,
FAIRBANKS: LIVE STREAMING ROOM TBD
CE Presenter: Linda Miller
Course: Sharpening and Instrument Ergonomics

November 12, 2016
8:15am Registration
9:00am – 12:00pm CE: Sharpening and Instrument Ergonomics
12:00-2:30pm Lunch/Business Meeting/Guest Speaker

**********************************************************************REGISTRATION FORM **********************************************************************
(Please Print)

NAME______________________________________________

ADDRESS_________________________________CITY ________________________ZIP____

EMAIL_____________________________PHONE________________________

Alaska DHA /ADHA MEMBER #________________________________________(PLEASE ATTACH COPY OF CARD)

Alaska DHA/ADS Members (Attach copy of card/attendee must be member):
[ ] Saturday Lecture Anchorage .......3CEUs............lunch included.................................................................$60.00
[ ] Saturday Lecture Fairbanks ......3CEUs............lunch included.................................................................$60.00

Non-Members
[ ] Saturday Lecture Anchorage .......3CEUs............lunch included.................................................................$120.00
[ ] Saturday Lecture Fairbanks ......3CEUs............lunch included.................................................................$120.00

** LIMITED SEATING, BE SURE TO REGISTER EARLY **

Payment accepted with PayPal or check. Make checks payable to Alaska DHA

To pay online for this CE, go to www.paypal.com and after logging in, select "Send & Request" tab at the top. Choose "Pay for Goods or Services," and enter rdhalaska@gmail.com for the recipient. Under the "note" section, please type the first and last name of the CE attendee, then mail or email this completed form to address below.

Email address from which payment was sent:__________________________________________________
Name on PayPal account from which payment was sent:_____________________________________

*If using PayPal please mail or email registration form to ak2thclnr@yahoo.com
Please do not send registration forms to the rdhalaska@gmail account.

Mail your registration to:
Alaska DHA, c/o Michele Summers, 645 “G” Street #100-913, Anchorage, AK 99501
Questions? Contact: Michele 854-4400 or ak2thclnr@yahoo.com

** Alaska DHA is not responsible for lost or misplaced CEU AK BoDE approved course vouchers. A $50 fee will be charged for the reissue of a certificate, this is only available for up to 2 years after course date, upon verification of attendance **
COURSE TITLE: Sharpening and Instrument Ergonomics

COURSE SYNOPSIS: Studies show 40-70% of dental professionals have chronic hand and wrist pain or carpal tunnel syndrome. We must be proactive with instrumentation to avoid this. Starting with the evolution of hand instruments, we will look at new instrument designs and angulation that is more comfortable for the practitioner as well as the patient. Since the ergonomic health of the practitioner and the quality of patient care depends on a sharp blade, we will have a hands on sharpening course. Every attendee should be able to sharpen curettes and scalers and understand sharpening when they leave the program. We will even address implant maintenance.

After completing this program, the dental professional should be able to:

• Understand the evolution of Perio and Hygiene Instrumentation

• Recognize ergonomic instrumentation that will allow greater comfort for them as well as their patients

• Be aware of new instrument designs that are available

• Know how to accurately access a blade and sharpen it

Linda J. Miller

Current business: PDT, Inc. aka Paradise Dental Technologies 2000-Present Linda founded PDT in 2000 in her two car garage with a passion to increase the comfort, efficiency, and ergonomics for the dental professional as well as make dentistry less traumatic, faster and healthier for the patient. She purchased a mill and a punch press to make the dies and machines required to manufacture dental hand instruments. She set up the quality assurance system necessary for medical device manufacturing. As many company founders, Linda did budgeting, purchasing, design, manufacturing, sales, human resources, and accounting. Looked at the current designs and changed the handles to be larger, lighter, tactile sensitive, easy to control, and anatomically color-coded for efficiency. Reviewed blade usage and created instruments with better balance and anatomical fit to the tooth. PDT continues to develop new innovations to address the changing needs of oral health and is active in educating others to understand that oral health is systemic and affects your overall health. Linda developed metallurgy treatment so these hand instruments hold their edge two to seven times longer than any other instruments on the market. PDT quickly rose to be the #2 dental hygiene/perio instrument in North America. Sold in 48 countries, PDT continues to grow and employ more Montanans. While other instrument companies take their manufacturing overseas, PDT is committed to manufacture in the USA. PDT supports over 400 missions throughout the US and the world. PDT, Inc. is ISO 13485 certified.
Guest Speaker during Business Meeting:

Karol Fink, MS, RDN  
State of Alaska Obesity Prevention and Control Program Manager  
Section of Chronic Disease Prevention and Health Promotion

The Oral Health Program and Obesity Prevention Program received a 2-year grant from the CDC Division of Oral Health to work on activities to reduce sugary drink consumption – focus on Alaskan children. There are two main aspects with the grant: 1) tie in and expand on existing public service announcements/media efforts to highlight the issue with the public (both for obesity and dental disease); and 2) involve and collaborate with dental professionals in addressing the issue.

Due to the fact that most of the patient screening, education and counseling is being done by dental hygienists in the private dental practice setting – they want to ensure they are developing resources that dental hygienist think would be useful.

Karol will be facilitating a discussion about current policies and practices around sugar drinks. She will also be collecting input from those in attendance at the discussion.

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Be sure to check out the wonderful items available at the AK DHA Silent Auction 9-2!!  
Must be present to claim item at end of auction

This year we would like to collect items for the Beans bags that Royann puts together and gives to Beans Café during the holiday season. Please bring any of the following items and receive a ticket for a chance to win a gift card!

Hotel size shampoo & soaps  
Razors  
Hand Towels  
Socks  
Hats  
Travel size Toothpaste  
Toothbrushes  
Other items you feel would be appropriate & useful  
( please bring new, unused items)