

**Alaska Dental Hygienists' Association
Fall CE/Business Meeting
Saturday November 11, 2017**

ANCHORAGE: Southcentral Foundation Nuka Wellness & Learning Center
Tribal Drum Room 110, 4085 Tudor Centre Drive, Anchorage, AK 99508

FAIRBANKS: Live Streaming location 982 N Koyukuk Dr Murie Bldg 107

Speaker: Betsey Reynolds, RDH, MS

7:30am Registration
8:00am -11:00am Going to Pot: Weeding Out Potential Benefits and Dangers of Marijuana Use
11:00am -1:30pm Lunch/Business Meeting & Elections/Silent Auction
1:30pm Registration
2:00pm - 5:00pm Up in Smoke: Current Trends in Smoking Habits Affecting Oral and Systemic Health

*****REGISTRATION FORM (Please Print)*****

NAME _____
ADDRESS _____ CITY _____ ZIP _____
EMAIL _____ PHONE _____
ADHA MEMBER # _____ (PLEASE ATTACH COPY OF CARD)

AK DHA/ADS Members (Attach copy of card/attendee must be member):

Saturday All Day Lecture Anchorage6CEUs.....lunch included.....\$120.00
 Saturday All Day Lecture Fairbanks6CEUs.....lunch included.....\$120.00
 Saturday Anchorage Morning Lecture Afternoon3CEUs.....**lunch extra**.....\$60.00
 Saturday Fairbanks Morning Lecture Afternoon.....3CEUs.....**lunch extra**.....\$60.00

Non-Members

Saturday All Day Lecture Anchorage6CEUs.....lunch included.....\$240.00
 Saturday All Day Lecture Fairbanks6CEUs.....lunch included.....\$240.00
 Saturday Anchorage Morning Lecture Afternoon3CEUs.....**lunch extra**.....\$120.00
 Saturday Fairbanks Morning Lecture Afternoon.....3CEUs.....**lunch extra**.....\$120.00

Lunch \$15.00

Current UAA Dental Hygiene Students (not licensed) must pre-register

Business Meeting & lunch CE will be space available for UAA DH students. Please contact Michele.
 Food Considerations? _____ we will try to have options available

Pre-Registration ends Saturday, October 21st. After October 21st registration will only be accepted at the door.

Payment accepted with PayPal or check. Make checks payable to Alaska DHA

To pay online with credit card log in to www.paypal.com, select "Send & Request" tab. Choose "Pay for Goods or Services," and enter rdhalaska@gmail.com for the recipient. In "note" section, please **type the first and last name of the CE attendee**, then mail or email this completed form to ak2thclnr@yahoo.com **not to rdhalaska@gmail.com**. A PayPal account is not needed, all major credit cards accepted.

Mail your registration to:

Alaska DHA, c/o Michele Summers, 645 "G" Street #100-913, Anchorage, AK 99501
 Questions? Contact: Michele 854-4400 or ak2thclnr@yahoo.com

**** Alaska DHA is not responsible for lost or misplaced CEU AK BoDE approved course vouchers. A \$50 fee will be charged for the reissue of a certificate, this is only available for up to 2 years after course date, upon verification of attendance ****



Betsy Reynolds, RDH, MS

Armed with degrees in dental hygiene and oral biology, Betsy presents scientifically based dental and dental hygiene continuing education programs nationally and internationally. Avidly committed to making the dental sciences understandable and relevant, Betsy devotes time and energy to publishing articles and book chapters designed to enlighten and inspire clinicians. Her continuing education presentations include a variety of topics involving the biologic basis for oral and systemic disease prevention, microbiological and immunological aspects of oral disease, implications of stress on oral and systemic health, oral pathological concerns, oral piercing and body modification considerations in care delivery, head and neck anatomy and scientific developments affecting oral health care delivery. Betsy lives in her home state of Idaho where she enjoys hiking, biking, gardening and taking in the breathtaking scenery with loved ones.

Course Title: Going to Pot: Weeding Out Potential Benefits and Dangers of Marijuana Use

Course Synopsis: Legalization of marijuana use in many states has outpaced research into its possible benefits and risks to systemic as well as oral health. While many states grapple with legalizing marijuana use for medicinal and/or recreational use, it has become apparent that the cannabis industry is generating tremendous profits for states permitting its use. As profits grow and access to marijuana products become easier, it is incumbent upon healthcare professionals to be aware of signs and symptoms associated with cannabis use and recommend appropriate treatment strategies to address negative sequela. Because many cannabis users often 'vape' cannabinoid oils, a discussion on e-cigarette devices will be included. Come prepared to hear current research developments in a lively forum designed to encourage audience participation.

Course Objectives:

Following the course, participants will be able to:

- Understand the history behind marijuana use.
- Differentiate the different types and methods of use for cannabinoid products.
- Recognize various medical applications for marijuana.
- Distinguish oral signs and symptoms of marijuana use.
- Appreciate how e-cigarette devices are used for marijuana consumption.
- Recommend appropriate home care and nutritional strategies for cannabis users.

Course Title: Up in Smoke: Current Trends in Smoking Habits Affecting Oral and Systemic Health

Course Synopsis: Americans are using a variety of smoke-producing tobacco and non-tobacco containing devices that are impacting modern day society in profound ways. The popularity of hookah bars, 'little cigars', and smokeless tobacco products (especially among young people) has renewed concern among oral healthcare providers that use of ANY tobacco-containing product negatively impacts both oral as well as systemic health. The explosion in the use of electronic cigarettes ('e-cigs') has many concerned as well. While e-cigarettes do not contain tobacco, these devices have a mechanism that heats up liquid nicotine, which turns into a vapor that smokers inhale and exhale. Because they contain no tobacco, e-cigarettes are not subject to U.S. tobacco laws—meaning they can currently be purchased without proof of age and raises concerns that e-cigs may be particularly appealing to children and may encourage nicotine addiction among young people. (Course participants will learn about the latest research regarding these 'smoking trends' in a relaxed forum designed for interactive learning.

Course Objectives:

Following the presentation, participants will be able to:

- Elucidate the systemic ramifications of tobacco use.
- Describe current trends in cigarette use.
- Recognize the ramifications of regular hookah use.
- Differentiate between various smokeless tobacco products.
- Discuss 'little cigar' (cigarillo) use among adolescents.
- Examine the effects of nicotine exposure.
- Design appropriate tobacco and smoking cessation therapies for implementation into the dental setting.

SILENT AUCTION VENDORS

BUSINESS MEETING

ELECTIONS