President’s Letter

Hello Oral Health Teammates!

Spring is finally here! The sun is shining bright as breakup season is in full swing and our vehicles are most likely as brown as our XTRATUF’s. The Alaska DHA CE Committee has been busy organizing our next CE event and Business meeting which will be held on Saturday, April 7th, 2018 at the Southcentral Foundation’s (SCF’s) Nuka Wellness & Learning Center located at 4085 Tudor Center Drive, Anchorage AK 99508 in the Tribal Drum Room #110. Fairbanks will stream live from 982 N. Koyukuk Dr. Murie Bldg. UAF RM #107.

Check out our website at www.alaskadh.org to download the registration form and learn more about our CE Course and speaker, Tricia Osuna. We are very excited and grateful to be able to utilize SCF’s Nuka Wellness & Learning Center again for our April 7th CE and Business meeting.

I look forward to seeing everyone at our Spring CE Event and Business meeting! Our meetings are a great place for networking and visiting with friends and colleagues while learning and earning continuing education credits. Our CE Chair, Michele Summers, has also posted information on our Facebook page, Alaska DHA, that there will be door prizes available from our sponsors for folks who have registered for the full day CE event on April 7th and that there will also be a Silverton saddle stool (C150D) from Crown Seating available for silent auction!

As President of the Alaska DHA, I appointed Katrina (Kat) Virgin, from Kodiak, as Alaska DHA’s Vice President/President Elect on January 5th, 2018 with 100% approval from Voting Members of the Alaska DHA Board to fill our vacant VP/President Elect position for term 2016-2018! Kat has a plethora of experience as an effective leader in volunteer organizations and I am so pleased that she has chosen to be a member of our team. Please be sure to say hello and welcome Katrina (Kat) Virgin, your future President of Alaska DHA!

As your current President, it is my goal to continue to ignite your passion within our profession, provide a friendly and welcoming environment that embraces new members, fosters interest in volunteering, and is dedicated to lift up and mentor our next generation of leaders! Every membership matters to the future of our profession. If you are already a member, I salute you for understanding and valuing the importance of professional membership! If you have not yet signed up as a member or your membership is expired, please let me or any of my Alaska DHA/ADHA Teammates know how we can assist you in discovering all that ADHA membership has to offer and how ADHA works for each and every one of us every day to achieve common professional goals.

It is my pleasure to serve each and every one of you.

Sincerely,
Lisa Bryant, RDH, BSDH
President, Alaska DHA
Lbryant_rdh@yahoo.com
Alaska Dental Hygienists’ Association
Spring CE/Business Meeting

Saturday, April 7, 2018
As the March 24th pre-registration date has past, anyone not registered will only be able to register at the door with an additional $25 late registration fee.

ANCHORAGE: Southcentral Foundation Nuka Wellness & Learning Center, Tribal Drum Room
110, 4085 Tudor Centre Drive, Anchorage, AK 99508
FAIRBANKS: Live Streaming to 982 N Koyukuk Dr., Murie Bldg. at UAF RM #107

CE Event Speaker: Tricia Osuna, RDH, BSDH, FAADH

8:30am Registration

9:00am -12:00am - Part I: What is it? How do I use it? Today’s dental products and treatment options.

12:00am -2:00pm Lunch & Alaska DHA Business Meeting & Saddle Stool Silent Auction

2:00pm - 5:00pm Part 2: What is it? How do I use it? Today’s dental products and treatment options

Tricia Osuna, RDH, BSDH, FAADH

Tricia is a University of Southern California graduate, Past President and Fellow of the American Academy of Dental Hygiene and Past President of the California Dental Hygienists’ Association. Tricia has over 39 years of experience as a dental hygienist to share with her audiences. Her lengthy background in clinical practice along with education has offered her the opportunity to share real-life clinical experiences in her courses for over 20 years. Tricia presents on topics such as new products, infection control, ergonomics, oral cancer and organ donation and recipient patient education care. Tricia has been extremely involved in leadership in her profession for her entire career as an enthusiastic lifelong CDHA and 2015 recipient of the American Dental Hygienists’ Association Alfred C. Fones Award for her dedication to leadership.

COURSE TITLE: What is it? How do I use it?: today’s dental products and treatment options

COURSE DESCRIPTION:

Today’s dental sessions require an exhaustive knowledge of products, instruments and equipment. Our profession has changed and grown to a new level, which offers us continuous challenges to recognize the new advances in technology and their use in dentistry. As professionals providing health services, we should be at the pulse of clinical devices and treatment, while being able to recommend product protocols for use in the office. The process of care (assessment, diagnosis, treatment planning, implementation and evaluation) requires us to understand what these products are, how to use them, contemporary treatment options, how to implement the procedures and evaluate what is and what is not working for us as individuals and as clinicians. We will also discuss ergonomic options to protect ourselves as clinicians.
Educational Grants are provided by: Curaprox, Hu-Friedy, Philips, VOCO and Q-Optics.

Alaska DHA would like to thank the following Corporate Sponsors:

Alaska DHA would also like to thank our Vendors:

Alaska DHA Silent Auction

We will have one Silent Auction item at the Spring CE: A Crown Seating Silverton saddle stool (C150D) with Carbon Silvertex, Serene gel/foam and a polished chrome base.

Payment Method: Check: Alaska DHA, Exact Cash, or PayPal

PayPal Payment Instructions:
To pay online with credit card log in to www.paypal.com, select "Send & Request" tab. Choose "Pay for Goods or Services," and enter rshalaska@gmail.com for the recipient. In "note" section, please type: Silent Auction & your first and last name.
Save the Date: Future Alaska DHA CE Offerings!

- **August 11, 2018**
  - The Not-So-Sweet Effects of Dietary and Lifestyle Considerations: The Impact on Oral Health, Obesity and Chronic Disease
  - 3 CEUs
  - Speaker: Betsy Reynolds RDH, MS
  - Southcentral Foundation Nuka Wellness & Learning Center
  - Tribal Drum Room 110, 4085 Tudor Centre Drive, Anchorage, AK 99508

- **OCTOBER 13, 2018**
  - LOCAL ANESTHESIA: HUMAN CADAVER DISSECTION WORKSHOP: Cadaver Technique Applications: Infratemporal Fossa, Pterygomandibular Triangle
  - SPEAKER: Dr. Mel Hawkins DDS, BScD(AN), FADSA, DADBA & Dr. Alan Budenz MS, DDS
  - Location TBD
  - Max occupancy is 45 attendees

- **December 1, 2018**
  - Nitrous Oxides Update
  - 4 CEUs
  - Speaker: Royann Royer RDH, MPH
  - AK DHA Fall Business Meeting
  - Silent Auction
  - Voting for Board positions open for election and Induction of President of Alaska DHA

Keep an eye on our website, [www.alaskadha.org](http://www.alaskadha.org) and Facebook page: Alaska DHA, for more information about CE offerings in the future.

Please register early to ensure a seat in our CE Course offerings.
### Alaska DHA Budget: Lisa Wells

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**Current bank account balance:** $106,737.58

Any questions?
dennyandlisa@yahoo.com

### Local Legislative News

1. Notice of Adopted Changes to the Regulations of DCCED/CBPL – Occupational Licensing Fees for the Board of Dental Examiners

On January 29, 2018, the Department of Commerce, Community, and Economic Development adopted regulation changes in Title 12, Chapter 02 of the Alaska Administrative Code. The regulations update occupational licensing fees for professions regulated by the Board of Dental Examiners.

The regulation changes were reviewed and approved by the Department of Law, signed and filed by the Lieutenant Governor on March 15, 2018, and will go into effect on April 14, 2018. See attached copy of the filed version of the regulations at: [https://aws.state.ak.us/OnlinePublicNotices/Notices/Attachment.aspx?id=111557](https://aws.state.ak.us/OnlinePublicNotices/Notices/Attachment.aspx?id=111557)

2. Requested clarification from the AK BoDE as to whether or not Alaska RDH’s are allowed to apply Silver Diamine Fluoride (SDF).

*I encourage everyone to keep abreast of legislation that could potentially affect our profession; I have created a list of websites and references for easy access on our website: [www.alaskadha.org](http://www.alaskadha.org).*
National Legislative News

Expanding Access to Care through Mid-Level Oral Health Practitioners

The American Dental Hygienists’ Association (ADHA) is leading the transformation of the dental hygiene profession to improve the public’s oral and overall health.

Dental hygienists are formally educated and licensed by each state and are poised to help prevent oral health diseases. ADHA is committed to working on the development and implementation of new workforce models.

A 2014 report on expanding the provision of affordable preventive services outside dentists’ offices from the National Governors Association reports states have considered altering supervision or reimbursement rules, as well as creating professional certifications for advanced-practice dental hygienists. To date, studies of pilot programs have shown safe and effective outcomes.

Currently, 40 states allow dental hygienists to initiate patient care in a setting outside of the private dental office without the presence of a dentist. These policies enable dental hygienists to practice in community settings and reach a variety of patient populations.

ADHA policies highlight the association’s flexibility in considering various dental hygiene-based models as well as ADHA’s commitment to the development of providers who are appropriately educated and personally committed to deliver safe, quality oral healthcare to those in need.

Maine, Minnesota and Vermont, as well as tribal lands in Alaska and Washington, have moved forward to address their access to care challenges and now recognize dental therapy as a viable model.

ADHA supports oral health care workforce models that culminate in:

• Graduation from an accredited institution
• Professional licensure
• Direct access to patient care Mid-Level Oral Health Practitioner:

A licensed dental hygienist who has graduated from an accredited dental hygiene program and who provides primary oral healthcare directly to patients to promote and restore oral health through assessment, diagnosis, treatment, evaluation, and referral services. The Mid-Level Oral Health Practitioner has met the educational requirements to provide services within an expanded scope of care and practices under regulations set forth by the appropriate licensing agency.

ADHA is committed to advocating in support of new dental hygiene-based models for oral health care for many reasons:

1. The dental hygiene workforce is ready and available; there are currently 185,000+ licensed dental hygienists in the United States.
2. The educational infrastructure is developed; there are over 300 entry-level dental hygiene programs
3. The public will benefit from providers with a broad range of skills sets which include preventive and limited restorative services.

If you are interested in legislative news and would like to be on the legislative committee, please contact Royann or myself for more information.

We would love to have more members volunteer on committees and run for elected positions in the Alaska DHA!

<table>
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<tr>
<th>Lisa Bryant, RDH, BSDH, Legislative Chair</th>
<th>Royann Royer, RDH, MPH, Legislative Co-Chair</th>
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<tbody>
<tr>
<td><a href="mailto:lbryant_rdh@yahoo.com">lbryant_rdh@yahoo.com</a></td>
<td><a href="mailto:rroyer@mtaonline.net">rroyer@mtaonline.net</a></td>
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**Alaska DHA Delegate News**

Currently, the ADHA allows two delegates from Alaska to attend the ADHA House of Delegates during Annual Conference which will be held in Columbus, Ohio June 20-25, 2018. Carla Roe is our Delegate Chair and Stephen (Spence) Spencer was newly elected last Fall and will attend as Delegate at ADHA for the first time this year. Delegates vote on proposed By-Laws and Proposed Regulations during House of Delegates at ADHA Annual Conferences.

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<tr>
<th>Carla Roe</th>
<th>Stephen (Spence) Spencer</th>
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<tr>
<td>Delegate Chair</td>
<td>Delegate</td>
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<tr>
<td>Term 2016-2018</td>
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**Collaborative Practice News: No changes reported since Fall Newsletter**

Royann Royer has created a collaborative practice power point which is posted on our website: www.alaskadha.org for your viewing pleasure. It is meant to be a guide to those seeking information in starting their own collaborative practice.

**Membership Matters!**

The ADHA and Alaska DHA works to support RDHs and advance the profession. Uniting together through membership helps our voices be louder and stronger.

*Your membership really does matter folks.*

Membership is like insurance; we all have a duty to carry it to protect ourselves and our profession.

The Alaska DHA currently has **137** members!

**THANK YOU FOR RENEWING and JOINING OUR TEAM!**

However, Alaska DHA Membership is down 25% from 2015.

The Alaska DHA would like to understand the reason behind this decrease and would appreciate any feedback on how we can encourage ANNUAL RENEWALS AND NEW MEMBERS to join the Alaska DHA/ADHA Team.
Membership Matters!

The goal of your Alaska DHA Membership is to provide:
Discounted continuing education (CE) courses
Advocate for professional issues that impact you
Change legislation to allow increased expanded functions
Provide the means to organize community service events in which you can volunteer your services to help community members in need
Offers oral health supplies to member’s who are organizing their own community events
Offers Scholarships to local University of Alaska Anchorage (UAA) dental hygiene students who show an interest in leadership and getting involved with their associations while in school AND after graduation.

Resources ADHA offers:
Discounted Auto Insurance
Discounted Professional Liability Insurance
World Wide Hotel and Car Rental Discounts
Discounted Continuing Education Opportunities
Career Resources
Guidance and Support from ADHA Experts
Networking Opportunities
Free Publications
Access to ADHA’s Benefit-Hub site
Research Grants from the Institute of Oral Health (IOH)
Hygienists’ Political Action Committee (HYPAC)

Your National, State, and Local dental hygiene associations help you as an individual, but more importantly help the profession grow by helping hygienists to evolve and increase treatment functions and responsibilities. This happens through legislation and advocating by a professional group who have your “back”. Hygienists working and being involved in a full personal life often do not have the time or energy to work on these issues. These issues take a lot of money to work on through legislative processes.

The cost of your membership helps the Alaska DHA and ADHA to continue working on promoting and advancing our profession. This is an exciting time to be a dental hygienist! Join us!

BECOME AN ADHA-Alaska DHA MEMBER TODAY!

If you have not attended an ADHA Annual Conference, I highly suggest that you join me! This event is THE place to go to witness what ADHA does for you!
You will be inspired! You will be recharged! And, you will be motivated to take on the world to elevate our profession to the next level! You will meet movers and shakers from every state in our Nation who are driven, passionate, and working tirelessly to increase access to care, amplifying our voices, and advocating for higher education within our profession to continue to gain the respect we all deserve within the community and amongst other healthcare professions as we continue to move our profession forward.

Please click on the link below to become a member or renew today!
https://mymembership.adha.org/Members/OnlineJoin/MembershipBenefits.aspx

Don’t forget, there is a quarterly payment plan! http://www.adha.org/payment-options#QPP

Please feel free to contact the Alaska DHA if you would like to volunteer on a committee, need help registering to become a member or need help renewing your membership!

Royann Royer RDH, MPH
Membership Chair, Alaska DHA
rroyer@mtaonline.net

Lisa Bryant RDH, BSDH
President, Alaska DHA and Membership CO-Chair
lbryant_rdh@yahoo.com
Social Media
Our VP/President Elect, Katrina (Kat) Virgin, has been working hard to pin messages to our Facebook pages and working on cleaning up our social media sites! Currently the Public Facebook page has been updated to include a membership link for your ease of renewing and/or signing up as a professional member.

Sign up to be an ADHA Squad member and win prizes!  https://adha.socialtoaster.com/

District XII News
Greetings Alaska Dental Hygienists’ Association!
ADHA has contracted with ZOOM, a new virtual meeting platform, in which I have been using to have meetings with my constituent leaders from Alaska, Hawaii, Idaho, Oregon, Washington, and Nevada once a month to discuss any concerns there may be in completing charter agreements, hear what is going on in your state associations, and to see if you need my assistance in anyway. ZOOM makes it fun to connect with faces from far away without being too disruptive to your regular, busy, schedules or pulling you away from your families. It is also free for the first 45 minutes and up to 100 participants. Lisa Bryant recently hosted a ZOOM meeting with the Alaska DHA Board and Committee members to introduce it as a viable meeting option!

Be sure to attend the 95th annual conference in Columbus, Ohio this year!  Registration opens January 1st, 2018.

NEW!! ADHA is offering a flexible pricing system for continuing education at the Annual Conference this year; June 20-25. You have two options:

1. The All-Inclusive CE Seminar Pass: Allows you to choose as many CE Seminars as you want for a bundled price of $149. This option DOES NOT include Hands-on Workshops.
2. À la Carte: You can pick and choose as many individual CE seminars and Hands-On Workshops as you like, according to your price point. CE Seminars and Hands-on Workshops vary on length, amount of CE Hours earned, and price.

The Annual Conference offers a wide variety of inspirational, networking, and social events included in the basic registration price, too! These are events you don’t want to miss!

Fundraising for the Institute for Oral Health (IOH) will take place through the IN MOTION 5K Fun Run/Walk during ADHA Annual Conferences. Please visit https://www.crowdrise.com and look for ADHA Fun-Run-Walk to donate! You can donate to the IOH organization or through an IOH Team: our team is the District XII Transformer Team! Or, you can donate to an individual on an IOH Team. Either way, your donation is supporting a great cause which provides money to dental hygienists to further their education, support community service, and research. To learn more about IOH and donate today, please visit: https://mymembership.adha.org/Members/Fundraising/Fund_Options.aspx

As always, just let me say what a thrill it is to be your District XII Trustee! I firmly believe District XII includes the finest group of dental hygienists I’ve ever had the pleasure to know. I am here for you any time you need me. Please feel free to call or text me at 702-376-4029 or drop me an email at annettel@adha.net and I promise to respond as quickly as I can. I love hearing from my District XII people!

Warmest regards,
Annette Lincicome, BS, RDH
702-376-4029
annettel@adha.net
Component News:
Midnight Sun Dental Hygienists’ Association

Board members:
President: Julie Hughes
Vice President: Blair Dellaquila
Secretary: Amanda Dains
Treasurer: Natasha Haynes
Immediate Past President: Chloe Allen

- April 13-14 is the AKMOM at the Carlson Center, Fairbanks, Alaska. Registration is open!
- Welcome Amanda Dains as our new Secretary!
- April 17th we are having a 2-hour CE: Managing Dentinal Sensitivity
- We complied with the Component Logo charter agreement as seen by our new logo.

Thanks,
Julie Hughes
President, MSDHA

Cook Inlet Dental Hygienists’ Association

Board Members:
President: Liisia Putnam
Vice President: Carla Roe
Treasurer: Donna Smith
Secretary: Valerie Truncali
Immediate Past President: Whitney Just

Upcoming CIDHA Meetings:
- March 29: Board Meeting to vote on Scholarship recipient and next fiscal budget
- May 11: SDF CE
- Summer: BBQ with family welcome
- Component logo requirement has been completed

Liisia Putnam RDH
President, CIDHA
Liisia.rdh@gmail.com
The following bullet points highlight some key information for you to be aware of.

- **Sedation/Anesthesia Regulations Project Effective Date—April 14, 2018.** Please check the BoDE website for updates and facts about implementation of the new regulations. When the regulations take effect, you will be required to submit an initial application, a fee and provide written verification of successful completion of an accredited college or university course of instruction in the administration of nitrous oxide. This process will be similar to current initial application process for local anesthesia, but both local anesthesia and nitrous will not have a renewal fee biennially. More information will be provided at the Alaska DHA Spring CE/Business Meeting on April 7th.

If you have not received any correspondence regarding BoDE regulations, you are NOT on the BoDE “dental interested parties list.” If you would like to receive future notifications of proposed regulations, you must contact the Regulations Specialist, Jun Maiquis by email at jun.maiquis@alaska.gov or by calling (907)465-2537 and request that your name be added to the list. Notices are sent in the mail to those on the list, but proposed regulations are also available on the BoDE website.

- **BoDE Statute Subcommittee**—The board has formed a subcommittee to review statutes and make recommendations. The committee will consist of 2 BoDE members, 2 AK DHA members, and 2 ADS members. The AK DHA chose Michele Summers and Mina Allen to represent the dental hygiene profession.

- **Dental hygiene scope of practice discussion:**
  - **Silver Diamine Fluoride**—**Allowable** under general supervision 08.32.110(a)(1)(F); BoDE would strongly encourage informed consent.
  - **Laser:** Allowable under general supervision 08.32.110(a)(1)(F), provided the procedure is therapeutic (irreversible tissue alteration that could be considered operative or surgical would be a violation of statute).
  - **Botox/Dermal filler:** Not allowable; not in the scope of practice to provide oral health care to the public.

- **New licensing examiner**—Ms. Amber Treston was hired as the new board licensing examiner, replacing Mr. Jedediah Smith. If you have any questions regarding licensure or continuing education, her contact information is available on the board website and listed here.
  
  Phone: 907-465-2542
  Email: boardofdentalexaminers@alaska.gov

The next scheduled meeting of the BoDE is Friday, April 20th.
We have two great classes of students in the thick of the semester right now in the UAA Dental Hygiene program. Juniors have hit their stride in clinic while seniors are preparing for board exams. Seniors have taken their National Board exams over spring break and have already found a couple of potential WREB patients through their weekly board screenings. Dental Days at UAA was a success. That is such a wonderful experience for our students and also a good opportunity to find more board patients. Quite a few of our juniors have connections to Fairbanks and so have also volunteered to work at the Mission of Mercy in April. Both groups are extremely hard working and self-less. The faculty and staff are very proud of them.

UAA’s Dental Hygiene program has some exciting changes coming up in the near future. Our entry level program has received final approval from UAA’s administration and the Commission of Dental Accreditation to move to a baccalaureate level. Effective with the next class, students will earn a Bachelor of Science in Dental Hygiene when graduating from the program. Selection will be held each fall and selected students will begin classes in the spring semester and will continue for five semesters. During the fall selection semester students can take statistics, nutrition, a 200-level WRTG course (previously ENGL), and other general education courses. Students that are not selected can continue taking addition general education courses in the spring and graduate with an Associate of Arts (general education transfer degree) in May. This provides a pathway for students that are not selected into the program to apply their prerequisite coursework towards a degree.

Because of the change, we will have a transition period when we will not have a class of students. Because we will not have a class starting in the fall, we may ask for help from the hygiene community to help our seniors next year when we normally would have a junior class to assist them in various ways. This might be in being their first patient of the semester, being local anesthesia patients, etc. If we reach out for volunteers and you are available, please consider helping us through this transition.

Please also note that we will not have a graduating class in the spring of 2020 and dentists around the state may be concerned about a lack of available hygienists. Moving UAA’s program to a bachelor level is something the Alaskan dental hygiene community has wanted for a very long time, and we have had the dentists’ support. If you work part time and have the ability to work more, please consider working some extra time should a need arise to help the dental community during our transition.

Our BSDH will continue to serve as a degree completion program for graduates of associate degree programs. We have introduced new catalog language that should bring some help to those that graduated with UAA’s older, lower division dental hygiene curriculum and also for those that graduated from UAF’s Dental Hygiene program. If approved (likely for catalog year 2019/2020), we plan to offer non-traditional credit for credentials, meaning credit for current courses to hygienists with an Alaska dental hygiene license that are in UAA’s BSDH as degree-completion students. This will involve a formal request and fee, and we do not know how much the fee will be at this time, but certainly less cost in time and money than taking courses to meet the upper division credits obtained through this new policy. We are doing our best to support Alaskan dental hygienists with this new policy and want to keep those costs that are within our control as reasonable as possible. This proposal is early in the curricular process, so please be patient as we work through hurdles to implement it.

As always, we truly appreciate the support the state and local components provide to our students. The organizations and individual members are ever present for mentoring, volunteering, and whatever assistance is needed. We thank you for all you do.

Thank you for all your support! Sandy Pence and Carri Shamburger, UAA Dental Hygiene Program
In collaboration with the American Dental Hygienists’ Association, the ADHA Institute for Oral Health provides thousands of dollars each year, to advance the profession of Dental Hygiene through scholarship, research and service.

**Funds are awarded to:**
- Dental hygiene students for educational needs (Scholarships)
- Those supporting the advancements in the dental hygiene field through the discovery and application of knowledge which includes original research, developmental prospects and qualitative and quantitative research. (Research)
- Dental hygienists to provide access to oral health care and education to those in their communities (Community Service).

**We are the only foundation for dental hygienists by dental hygienists.**

**Looking for an opportunity that will provide financial assistance to further your academic achievement, professional excellence and a desire to improve the public’s overall health?**
- ADHA's Institute for Oral Health Scholarship Program offers financial assistance to dental hygiene students and dental hygienists who demonstrate a commitment to advance the discipline of dental hygiene.

**Looking for an opportunity for funding for research projects specializing in dental hygiene?**
- The Institute for Oral Health’s Research Grant Programs give preference to proposals that address the following:
  - Develops or expands upon the dental hygiene body of knowledge
  - Promotes the public’s oral health by improving dental hygiene education and practice, or Supports the delivery of quality oral healthcare.
  - ADHA's Institute for Oral Health Community Service Grant program is designed to encourage dental hygienists to devise and implement community health projects.

These grant programs empower dental hygiene professionals to respond to their communities’ oral health concerns. Please review the specific grant program information to determine eligibility, regional restrictions and application timeline.
- Wrigley Company Foundation Community Service Grants
- Rosie Wall Community Spirit Grants
- Healthy Start for Texas Teeth Community Service Grants

**Dates to Remember:**
- **Scholarships (all):**
  - Scholarship Application Available: October 1
  - Scholarship Application Deadline: February 1

- **Research Grants (all):**
  - Research Grant Application Available: November 1
  - Research Grant Application Deadline: February 28

- **Community Service Grants:**
  - Wrigley Community Service Grants: July 1
  - Wrigley Grant Deadline: October 1
  - Rosie Wall Community Spirit Available: November 1
  - Rosie Wall Grants Deadline: February 1
**In Motion** is the premier fundraising event for the Institute for Oral Health. The goal of the event is to raise funds and awareness for your foundation.

Institute for Oral Health is the only foundation for hygienists by hygienists. By supporting, raising funds and creating awareness, you create opportunities for scholarships, grants, research and community service for ADHA Members.

**Lisa Bryant** is participating in the IOH 5K Fun Run Walk this year in Columbus, Ohio and has already raised $250! Please consider donating to this great cause at:

https://www.crowdrise.com/donate/project/district-xii-transformers1/district-xiitransformers

Be sure to select “Lisa Bryant” from the DXII Transformer’s Team Member drop down list.

- For more information, applications (if application period is open) and eligibility requirements for all IOH programs, please visit: [www.adha.org/ioh](http://www.adha.org/ioh)
- Attend ADHA annual conference and experience the value of your membership; plus, it’s a lot of fun!
- Registration is open for 2018!

Please contact: Sandy Pelto, Alaska DHA IOH Liaison with any questions about how you can donate to IOH today! thepeltonator@aol.com